Narcotics Anonymous offers only one promise and that is freedom from active addiction, the solution that eluded us for so long. We will be freed from our self-made prisons.

* 6th Edition Basic Text, p. 106

...No addict seeking recovery need die without a chance to find a better way of life.

* Preface to the Ist Edition xxiii (6th Edition)

A Few Suggestions:

- Do not use today
- Go to a meeting every day
- Get some names and phone numbers

PHONE NUMBERS		

MOUNTAIN AREA OF NARCOTICS ANONYMOUS



OCTOBER - DECEMBER

MEETING SCHEDULE

2019

For the most accurate and up to date meeting time and locations, visit our web site.

MANA AREA HELPLINE: 423-302-0494

MANA AREA WEBSITE: http://mana-e-tn.org

P.O. BOX 3161 Blountville, TN 37617

SUNDAY

- 7:00 PM Caring Thru Sharing, Preston Hills Presbyterian Church, 4701 Orebank Rd. Kingsport, TN (OM, WY)
- 7:00 PM Faith in Recovery, First Presbyterian Church 274 Jones St. Gate City, VA (OM, WY)
- 7:00 PM Primary Purpose, Asbury United Methodist 201 S. Main St. Greenville, TN (OM, WY)
- 7:00 PM The End of the Road, Covenant Presbyterian Ch. 603 Sunset Dr. Johnson City, TN (OM, WY)
- 8:00 PM Marion Survivors, Royal Oak Presbyterian Church 139 W. Main St. Marion, VA (OM, WY)

MONDAY

- **7:00 PM** Miracles Happen, First Presbyterian Church 105 S. Boone St. Johnson City, TN (OM, WY)
- 7:00 PM Recovery Roosters 109 S. 2nd Ave. Jonesborough, TN 37659 (OM, MM)
- 7:00 PM Serenity Sisters, Three Rivers Dist. Ministry Cntr. 110 Mary St. Johnson City, TN (OM, WM, WY) *Women's Meeting

TUESDAY

- 7:00 PM Faith in Recovery, First Presbyterian church 274 Jones St. Gate City, VA (OM. WY)
- 7:00 PM Nothing to Fear, Munsey Ed. & Counseling Bldg. 215 E. Market St. Johnson City, TN (OM, WY)
- 7:00 PM Primary Purpose, Asbury United Methodist 201 S. Main St. Greenville, TN (OM, WY)
- 8:00 PM A New Day, St. Thomas Episcopal Church 124 E. Main St. Abingdon, VA (OM, WY)

WEDNESDAY

- 12:30 PM Nothing to Fear, Munsey Ed. & Counseling Bldg. 215 E. Market St. Johnson City, TN (OM, WY)
- 7:00 PM A New Way of Life 1712 Lynn Garden Dr. Kingsport, TN (OM WY)
- 7:00 PM The End of the Road, Covenant Presbyterian Ch. 603 Sunset Dr. Johnson City, TN (OM, WY)
- 8:00 PM Just for Today
 439 E. Elk Ave. Elizabethton, TN
 (OM, WN)

THURSDAY

- 12:00 PM No Longer High Noon, The Prospect Center 1425. E Center St. Kingsport, TN (OM, WY) *90 minute meeting
- 7:00 PM Caring Thru Sharing, Preston Hills Presbyterian Church, 4701 Orebank Rd. Kingsport, TN (OM, WY)
- 7:00 PM Nothing to Fear, Munsey Ed. & Counseling Bldg. 215 E. Market St. Johnson City, TN (OM, WY)
- 7:00 PM Primary Purpose, Asbury United Methodist 201 S. Main St. Greenville, TN (OM. WY)
- 7:00 PM Right Foot Forward, Faith Assembly Church 106 Blevins Rd. Rogersville, TN (OM. WY)
- 8:00 PM A New Day, St. Thomas Episcopal Church 124 E. Main St. Abingdon, VA (OM, WY)

FRIDAY

- I:30 PM The End of the Road, Covenant Presbyterian Ch. 603 Sunset Dr. Johnson City, TN (OM, WY)
- 7:00 PM Caring Thru Sharing, Preston Hills Presbyterian Church, 4701 Orebank Rd. Kingsport, TN (OM, WY)
- 7:00 PM Miracles Happen, First Presbyterian Church 105 S. Boone St. Johnson City, TN (OM, WY)
- 7:00 PM Surrender To Win, 1st United Methodist Church 322 Vance Dr. Bristol, TN (OM, WY)

SATURDAY

- 12:15 PM Just for Today
 439 E. Elk Ave. Elizabethton, TN
 (OM. WN)
- 7:00 PM A New Way of Life 1712 Lynn Garden Dr. Kingsport, TN (OM WY)
- 7:00 PM Miracles Happen, First Presbyterian Church 105 S. Boone St. Johnson City, TN (OM, WY)
- 8:00 PM A New Day, St. Thomas Episcopal Church 124 E. Main St. Abingdon, VA (OM, WY)

MEETING LEGEND FORMAT			
CM	Closed Meeting		
OM	Open Meeting		
WM	Women's Meeting		
WN	Wheelchair Accessible - No		
WY	Wheelchair Accessible - Yes		
MM	Men's Meeting		

HELPLINES			
Chattanooga	888-463-2117		
ETROR	877-354-0353		
Knoxville Area	844-409-3762		
Nash-Middle	888-476-2482		
Upper Cumberland	866-454-3784		
West (Memphis)	901-276-5483		
Mid-West (Jackson)	866-790-9010		
Clarksville	931-221-2807		